



Food we eat | Taking action



One Planet Challenges



30+ mins

Rainbows, Brownies, Guides & Seniors

In this part of the session, girls chose a number of practical activities they can do, either to share what they have learned with others, or to take practical action to address the issue of environmentally damaging ingredients in everyday food items.

Design challenge

Design an orangutan friendly logo that can be used to label groceries that contain palm oil from sustainably managed sources.

OR

Design an 'adbusting' advertisement that tells the real story about a food product of your choice containing palm oil.

Get active!

Campaign to have palm oil clearly identified in products and push for certification. Write to retailers or producers asking them to make the labelling clear.

Inspire others

Find out about other species that share the habitats of orangutans, clouded leopards and dolphins. Draw pictures and create a habitat frieze for your meeting place. You could also make a 'habitat box' in a shoe box to create a three dimensional display of your chosen animals' natural environment and the other creatures it shares this with.

Party time

Hold 'habitat parties' for parents and friends, displaying your creative efforts. Girls could also perform their plays or other presentations from the *Who's who* activity. Plan party food and drink that uses less processed foods/foods that are less likely to include ingredients such as palm oil. Also plan for food which leaves as little waste as possible - e.g. make rather than buy, bring in re-usable containers, choose finger-food or use plastic or china plates rather than throw-away ones, make spicy potato wedges instead of crisps. Take photos or make short films and share them on the One Planet Challenge website.

Donations could be collected at the end of the evening to donate to a conservation charity such as WWF.



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One Planet Challenges cont.



ONE PLANET CHALLENGE

30+ mins

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Support conservation work to save orangutans

Adopt an orangutan through WWF. Visit www.wwf.org.uk/adoption/index.asp

Celebrate success!

Don't forget to celebrate success! There are downloadable certificates from the *One Planet Challenge* website to help you recognise effort and achievement. But why not design an orangutan, jaguar or dolphin sticker that can be given to girls who do something to raise awareness of palm oil, soya and bycatch issues.