



## Should I buy it?



15  
mins

Brownies,  
Guides &  
Senior section

### Aim

- To encourage the girls to think about their own purchasing.
- To raise awareness of some of the waste involved in shopping.

### Equipment

One copy of the *Should I buy it?* resource sheet and a pen or pencil for each girl.

### What to do

- 1) Give everyone the *Should I buy it?* resource sheet and a pen or pencil.
- 2) Read through the sheet together and answer any questions, then ask the girls to complete the sheet individually. Tell them they will not be asked to share what they have written unless they choose to, so they should answer each question as honestly as possible.
- 3) With a younger group, ask them to work in pairs with an older girl or confident reader in each pair, or do an adapted activity all together, about items which many of them may have (eg. jeans, mobile phones, a currently popular toy).