

## Energy

I am helping to save the polar bear and reducing the energy I use by:

Did you succeed in your challenge?  yes  no

For more energy saving ideas visit  
[wwf.com/oneplanetchallenge/ideas](http://wwf.com/oneplanetchallenge/ideas)

## Food we eat

I am helping to save the orangutan and save forest habitats by:

Did you succeed in your challenge?  yes  no

For more ideas on saving forest habitats visit  
[wwf.com/oneplanetchallenge/ideas](http://wwf.com/oneplanetchallenge/ideas)



ONE PLANET  
CHALLENGE


## WWF's One Planet Challenge Pocket guide

My name is

My footprint is

## Throw away

I am helping to save marine wildlife and reducing the energy I use by:

Did you succeed in your challenge?  yes  no

For more energy saving ideas visit  
[wwf.com/oneplanetchallenge/ideas](http://wwf.com/oneplanetchallenge/ideas)

## One Planet Local

I am growing, cooking and eating seasonal produce to live a One Planet lifestyle by:

Did you succeed in your challenge?  yes  no

For more ideas on saving forest habitats visit  
[wwf.com/oneplanetchallenge/ideas](http://wwf.com/oneplanetchallenge/ideas)

## One Planet Future

Time to celebrate, we are organising an event next week and I need to remember:

My new footprint is

For more information on reducing your footprint further visit  
[wwf.com/oneplanetchallenge/ideas](http://wwf.com/oneplanetchallenge/ideas)



ONE PLANET CHALLENGE

# WWF's One Planet Challenge

## Top tips

## Energy



### Working together

Think how you travel to your meeting, could you organise a car share or a bike safety evening?

Check out the WWF website for green tips and become an environmentally aware unit.

To share your tips and success stories visit [www.wwf.com/oneplanetchallenge](http://www.wwf.com/oneplanetchallenge)

## Food we eat



### Take action!

How about writing to your local MP or supermarket about palm oil?

You can find letter or press release templates on the One Planet Challenge website.

To share your tips and success stories visit [www.wwf.com/oneplanetchallenge](http://www.wwf.com/oneplanetchallenge)

## Throw away



### 'Bright idea' competition

Why not design a Bag for Life for your unit?

Competition entry form and guidelines available on One Planet Challenge website. Closing date 15/05/2009

To share your tips and success stories visit [www.wwf.com/oneplanetchallenge](http://www.wwf.com/oneplanetchallenge)

## One Planet Local



### 'Food for thought' competition

Why not create a seasonal recipe?

Competition entry form and guidelines available on One Planet Challenge website. Closing date 15/05/2009

To share your tips and success stories visit [www.wwf.com/oneplanetchallenge](http://www.wwf.com/oneplanetchallenge)

## One Planet Future



For more information on reducing your footprint further go to <http://footprint.wwf.org.uk>

To share your tips and success stories visit [www.wwf.com/oneplanetchallenge](http://www.wwf.com/oneplanetchallenge)