



Throw away | Taking action



## One Planet Challenges



30+ mins

Rainbows, Brownies, Guides & Seniors

In this part of the session, girls chose a number of practical activities they can do - individually or as a unit - either to share what they have learned with others, or to take practical action to address the issue of excess packaging and damaging plastic waste.

### Personal pledge

Make a pledge to consider the packaging of what you buy. Challenge yourself to stop using plastic bags altogether. Recycle and reuse when ever possible. Add your pledge to the *One Planet Challenge* site at [www.wwf.org.uk/oneplanetchallenge](http://www.wwf.org.uk/oneplanetchallenge)

### Spread the word

Make posters for your own age group to recycle items you wouldn't normally think of - such as make-up containers and toys that come free with other purchases.

### Get creative

Design a bag for life. Enter our competition on the WWF *One Planet Challenge* website. **Download *Design a Bag for Life* competition here** ►  
Hold a competition to find the best new use for a waste household object.

### Recycling centre

Become a 'recycling unit' and as far as possible buy recycled products for your meeting's needs. Challenge yourselves to reuse and recycle as much as possible. Add this target to your unit charter. Hold a recycling event for family, friends or the wider community.

### Swap-it!

Organise a 'Swap-it!' event. Bring along some cool things you have grown out of, have two of, or no longer need, and take away some cool things that someone else has brought. Invite family, friends, another patrol or a younger guiding group. Anything that remains unclaimed could be taken to a local charity shop.



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## One Planet Challenges cont.



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### Make things happen

Write to your local Chamber of Commerce (visit <http://www.britishchambers.org.uk/6798219246374351083/contact-the-bcc.html> for contact details) or speak to local retailers about becoming a bag free town or village.

Visit [www.plasticbagfree.com](http://www.plasticbagfree.com) for some information that will help you explain how they can achieve this - and why they should.

Find out about Rebecca Hosking; how did she change the world? **Download Action Woman! here** ►

### Support conservation work to save dolphins

Adopt a dolphin through WWF. Visit [wwf.org.uk/adoption/index.asp](http://wwf.org.uk/adoption/index.asp)

### Celebrate success!

Don't forget to celebrate success! There are downloadable certificates from the *One Planet Challenge* website to help you recognise effort and achievement. But why not design an albatross or marine turtle sticker that can be given to girls who do something to raise awareness of plastics based marine pollution.