

# O IDEAS TO CELEBRATE EARTH HIRLE

**SATURDAY 25 MARCH 2017, 8.30PM** 

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At 8.30pm on Saturday 25 March, millions of people across the world will switch off their lights to show they care about the future of our brilliant planet. Earth hour sends a powerful message to decision makers that you want action to tackle climate change which threatens the things we love. Your group can join in with Earth Hour 2017 on the night, or in the days or weeks leading up to the big event. To help you plan your best Earth Hour yet with your group, we have created 60 ideas to help you celebrate our beautiful planet.

### NIGHT HIKES AND OUTDOOR FUN

- 1. Plan a night hike with your group. At each checkpoint why not include the Earth Hour Quiz.
- 2. First things first; before you leave on a hike; who can tie their shoe laces in the dark?
- 3. Paint your face as your favourite nocturnal animal, dress up and take a night prowl. Twit twoo!
- 4. Go for a nature walk and see what night-time wildlife you can spot. Make a note of any animals that you see.
- 5. Hold a candlelit picnic with your friends at dusk.
- **6.** Plan a night time bike ride with your group, but remember to be safe and be seen!
- 7. Go for a ghost walk in your local haunted place. Boo.
- **8.** Walk your group to a local hill point and look out for the lights being switched off.



### **FUN-RAISING!**

- **9.** Make a list of 60 fun things to do with friends which do not require electricity.
- 10. Write a dazzling message and draw stars with sparklers.
- 11. Hold a night-time dance class or make up a routine.
- **12.** Create a den and share a favourite book or reading with friends by torchlight.
- **13.** Plan a 'day in the life' where you use no power and still have a great day.
- 14. Try a taste session in the dark with some exotic food.
- 15. Take our footprint calculator challenge and see how many planets you need to sustain your current lifestyle. footprint.wwf.org.uk
- **16.** Make an Earth Hour resolution! Pledge one thing, you can do, to live more sustainably.
- 17. The great pea hunt. Tip frozen peas on the floor of your meeting place and switch off the lights. Who can collect the most peas in a cup?



- 18. Hold a candlelit dinner party with your group or family – what better time to try one of our Earth Hour sustainable recipes or create your own based on WWF's 6 Livewell Principles? wwf.org.uk/food
- 19. Hold a swishing party, invite your friends to bring an item of clothing each to swap and enjoy your new outfit without hitting the shops.

### **STARGAZING**

- **20.** Go stargazing with your group and discover amazing star constellations. Why not head to your local Forestry Commission and take part in their star gazing events? Check out our map to find an event near you **wwf.org.uk/earthhour**.
- **21.** Go camping under the stars build a bivouac or a lightweight tent.
- **22.** Have a candlelit street party for friends and family under the stars.

- 23. A cloudy night? Then bring the stars indoors! Try and recreate a starry night inside get creative and punch holes in cards to make constellation patterns, shine a torch through the card and the patterns appear on the ceiling.
- **24.** Hold a constellation quiz to see how many you can recognise.
- **25.** Make an Earth Hour play list with tunes linked to nature or stars! We love Ellie Goulding's 'Starry eyed'.
- **26.** Play an instrument in the dark or get together with friends and have an acoustic jam you can be the star of the show!

### **CREATE AND CRAFT**

- **27.** Make a shadow puppet theatre and put on a show.
- **28.** Unplug any appliances that you're not using and make a fun sticker for your plugs to remind you to unplug every day.
- **29.** Write a poem inspired by nature and stars.
- **30.** Art in the dark see what masterpiece you end up with.
- **31.** Paint each other's faces in the dark with glow in the dark paint!
- 32. Make a clock run on potato power!
- **33.** Get crafting and upcycle something it's fun and you'll create something you can use!
- **34.** Make a shoe box habitat for a polar bear; use the beautiful northern lights as inspiration for the background.
- **35.** Make a wind powered vehicle and hold races.
- **36.** Have a go at light writing!
- **37.** Improve your low light photography skills and take snaps of your candlelit evening, wildlife or the stars and share them with us.
- **38.** Make a recycled lantern and light it on the night of Earth Hour. Check out some of our recycled lantern ideas here. **earthhour.wwf.org.uk/youth-resources**.



### **CAMPFIRES**

- **39.** Make a wish upon a star for a brighter future! What would your wish be for our brilliant planet? Make wish sticks; write your wish on a stick and burn them in a campfire with friends.
- **40.** Tell animal stories around the campfire or act out stories under torchlight.
- 41. Invite parents and friends for a campfire cookout and tell them all about Earth Hour wwf.org.uk/get-involved/youth-groups/resources/earth-hour share stories of your favourite places, animals or things from nature to remind everyone how special our world is.
- **42.** Have a sleepover under the stars recreate the fun indoors by toasting marshmallows by candlelight.
- **43.** Story starters sit in a circle and start an energy free story and everyone takes a turn.
- 44. Make some real hot chocolate with fair trade products.

### **GAMES NIGHT!**

- **45.** Play some great in the dark games –40:40 in, hide and seek or sardines in the dark.
- **46.** Play some old fashioned board-games like scrabble,
  Pictionary or Cluedo
  by candlelight.

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- **47.** Break out the glow sticks and have a mini rave or clubbersize.
- **48.** Revamp the silent disco; everyone wears their own earphones and music players add disco lights and have fun!
- 49. Play wink murder by candlelight.
- **50.** Hold a quiz why not test your animal or wildlife knowledge?
- **51.** Get your sparkle on and a host twinkly themed party (glitter optional!).
- **52.** Hold a onesie party with your friends!
- **53.** Play communication games in pairs with Lego where the aim is to describe and recreate a simple Lego model.
- 54. Treasure hunt in the dark.
- **55.** Glow bowling! Make glow in the dark pins by putting glow sticks in 2 litre bottles of water.
- 56. Glow in the dark hoopla with glow rings thrown over a stick!
- 57. Dress up in your brightest clothes fluorescent fancy dress!
- **58.** Try some nature inspired Yoga poses how about the crocodile or if you're a pro the monkey!
- **59.** See how many of these activities you can achieve in one evening!

## EARTH HOUR 60. GET SHARING

We're here to inspire you in the runup to Earth Hour to take part, show your support, and help take a stand on climate change issues. We'll be sharing loads of creative ideas on cool crafts and amazing activities to help you plan your best Earth Hour yet. You can share your stories and images by emailing us at youth@wwf.org.uk – or by using #EarthHourUK @wwf\_uk.