



# Zip Zap Boing

## Time:

15 minutes

## Who it's for:

All ages

## You'll need:

Nothing

## What to do:

1. Explain that it's really important to save energy and not to waste it. In this game we'll generate our own energy and work as a team to keep it moving and not to lose it!
2. Ask everyone to get into a circle. This is a quick thinking, fast game. One person begins and must quickly pass on the energy to another person. S/he can pass it on in three different ways, yelling:
  - **'Zip!'** - the energy passes to the left with an arm sweep
  - **'Zap!'** – the energy is beamed to someone else in the circle by pointing both hands like an imaginary ray gun
  - **'Boing!'** – someone repels the energy by raising both arms and it goes back to the person who sent it, who then has to pass it to someone else.
3. Each time you start the game, you should 'power up' by getting everyone to rub their hands together as if they are generating the electricity.
4. As you all get quicker at passing the electricity on, you can start making it a competition – if members are too slow or use the wrong words, they are out!