



21 ACTIONS YOU CAN TAKE FOR OUR PLANET IN 2021



YOUTH AMBASSADORS

Taking action for our world

2021 is the start of a vital decade for nature and for our climate. Right now, our natural world is under threat like never before. But there are loads of simple ways we can all make a real difference and give nature a helping hand.

Our fabulous Youth Ambassadors have shared their top 21 planet-saving tips and actions. If you have any top tips, we'd love to hear them. Please email youngpeople@wwf.org.uk and we might share your ideas!



LIGHTS, CAMERA...ACTION!

- 1 Watch David Attenborough: A Life on Our Planet.** It's Sir David's new film, co-produced by WWF, about humanity's impact on nature, and his solutions to help us heal the problems. It's streaming now on Netflix.

NETFLIX

- 2** Encourage people in your local community to watch the film. You could find out how to host a virtual screening for your community. Visit [attenboroughfilm.com/screenings](https://www.attenboroughfilm.com/screenings) for more info.

- 3** Host a virtual Zoom workshop with your local community after you've watched the film. You'll find useful tips in the **Life on Our Planet Arts Action Workshop resources pack.**

- 4** Encourage your school to host a virtual screening and workshop using the **schools resource pack.**

- 5** Create an action plan for your community or school.



JOIN THE MOVEMENT



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In the race to tackle climate change, the ocean is one of our best solutions and our greatest hope

- 6** We need to stop the destruction of nature, and you can help by supporting calls for **new laws to protect nature** at home and abroad.
- 7** Let your local MP know you care about the future of our planet by emailing them. If you're not sure where to start, check out WWF's **handy guide**.
- 9** Download WWF's **My Footprint app**. It's full of great challenges that will help you reduce your footprint on our wonderful world.
- 10** **Become an Ocean Hero**. Sky Ocean Rescue aims to inspire millions to become Ocean Heroes and take real action to save our oceans.

- 8** Our food system is driving the destruction of some of the most precious places on the planet. We all have a part to play – **watch WWF's video** explaining how the food we're consuming in the UK has direct links to deforestation.

sky ocean
rescue



- 11** **Join WWF's Earth Hour**, and connect with people around the world in a global environmental movement to stop the destruction of nature. It's on Saturday 27 March at 8.30pm.



Hattie, 15, from Essex

Oil palm plantations have resulted in the decline of species, including orangutans



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GET GROWING!



Basil is a great herb to grow indoors



Carrots can be easily regrown!



Only use peat-free compost

12 You can grow almost anything, in any space. And you can upcycle loads of things into plant pots – tyres, plastic food pots, wellies, buckets... or even old newspapers. Just take a 10cm tall strip of newspaper and roll it around something round, then fold the ends and fill it with soil. When your seedlings have grown big enough to plant, you can bury your newspaper pot – it'll rot away and give the plant food!

13 You can plant herbs indoors. Get an old container, fill it with soil and plant your seeds. Then you'll have herbs all year round rather than importing them from around the world!

14 Regrow your veg! Next time you use onions, carrots, turnips, cabbages, parsnips, celery, garlic, leeks, beetroots, lettuce or herbs like basil, mint and coriander, cut about 2cm off the root end and place it in a dish of water, covering about 0.5cm (not too much) of the roots. Leave in a sunny spot and it'll shoot! Once the shoots are big enough, plant them in soil so they get lots of nutrients and fully grow.

15 When you buy compost, make sure it's peat-free. Our peatlands are very important for storing carbon, reducing flooding, and providing a habitat for loads of different species. It's much better for our planet to leave it where it is rather than dredging it up to use for our gardens!

16 Grow an indoor plant. Many types of indoor plants clean our air by absorbing particles and carbon dioxide, and providing us with oxygen. They also make us feel calm and happier too!



TAKE STEPS TO EAT IN A WAY THAT IS HEALTHY
FOR YOU AND HEALTHY FOR THE PLANET



William, 13
from Surrey

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GO WILD WITH NATURE



Local parks, gardens, street trees, window boxes or grass verges are rich ecosystems filled with species that live alongside us

17 Grab your boots and get walking in your local area. Fresh air and nature are good for both your physical and mental health. While you walk, look around you. What do you hear? What do you see? Take time to notice how nature changes with the seasons.

18 Why not plant some bee-friendly wildflowers in your outside space? A third of our food relies on pollinators.

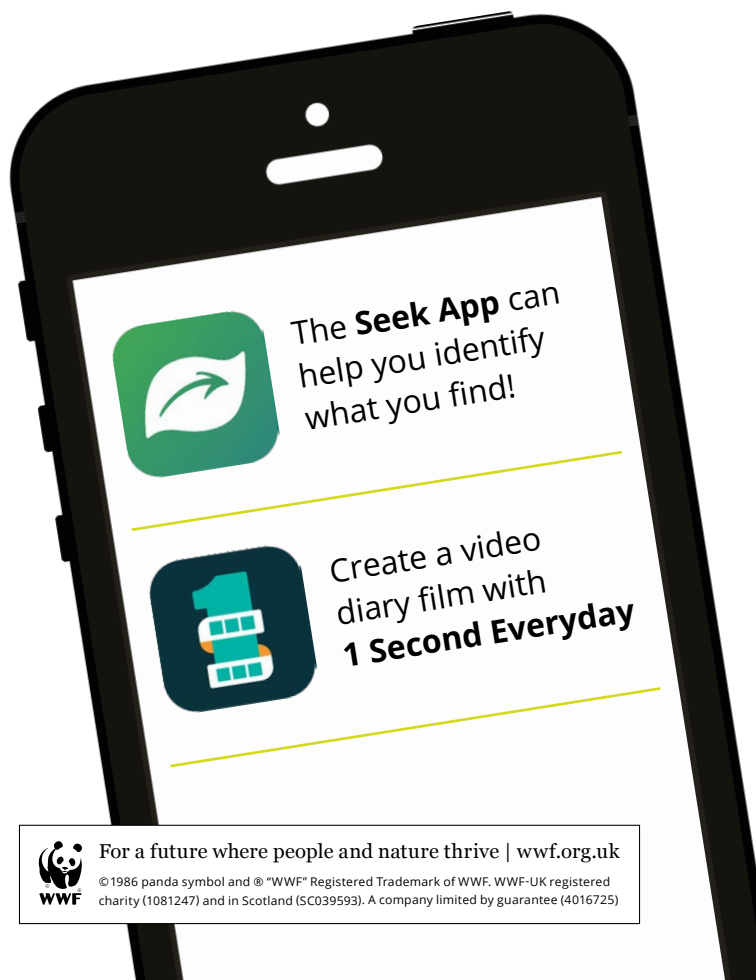
19 Use an app called Seek by iNaturalist and go exploring for nature's wonders in your own back garden.

20 Take a weekly picture of your garden or outdoor space and see how it changes during the seasons. Try an app called **1 Second Everyday**. This helps you create little video diary films throughout the year.

21 Make your own fat balls for the birds this winter. Melt a pack of lard gently in a saucepan, then mix in seeds, cranberries, cereals and some popcorn that's gone stale. Fill an empty yogurt pot and put the mixture in the fridge overnight. I attach garden string around the fat ball so I can hang it in the garden.



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Jemba, 17, from West Sussex



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