

EARTH HOUR

SWITCH

OFF

ON

FOR YOUR WORLD



SATURDAY 26TH MARCH // 8:30-9:30PM

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This is Earth Hour. At 8:30pm on 26th March 2022, millions of people across the globe will switch off their lights to show that they care about the future of our planet, our one shared home.

We all need nature. And nature needs us to stand up for it every day. By 2030, nature and wildlife could be recovering all around us. Switching off for an hour gives us the opportunity to step back, reflect and take a moment in solidarity.

HOW TO JOIN EARTH HOUR

Switch off for your world on Saturday 26 March at 8:30pm – joining millions across the world.

Earth Hour is a global movement that reminds us that even small actions can make a big difference. Change is possible, but only if we act together. [Click here](#) to find out more.

[Download](#) the My Footprint app and see what you can do to make a difference, one challenge at a time.

CONTACT THE TEAM






If you have any questions, ideas or want to share your plans, we'd love to hear from you. Contact the Earth Hour team on earthhour@wwf.org.uk.

WWF UK   

WWF Scotland   

WWF Cymru   

WHAT TO DO DURING EARTH HOUR

-  **Switch off your lights and take an hour to reflect on what nature means to you**
-  **Take on a challenge on the My Footprint app**
-  **Listen to WWF-UK's podcast, Call of the Wild**
-  **Enjoy a meat-free meal by candlelight with your friends and family**
-  **Listen to our Earth Hour Spotify Playlist**

SHARE ON SOCIAL MEDIA

Show us you're taking part by sharing Earth Hour content on your social media. **#EarthHourUK**

RESOURCES

[ASSETS](#)
[POST EXAMPLES](#)
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